

July 2010 Subs

7/1	Thursday	Yin/Yang Yoga at 6pm	Sub-Jen
7/2	Friday	Awareness Yoga at 9am	Sub-Steff
7/4	Sunday	4pm and 5:40pm classes canceled due to Holiday.	
7/5	Monday	Flow Yoga at 5:30pm	Sub-Lucy
7/5	Monday	Relax and Renew at 7pm	Sub-Malisa
7/7	Wednesday	Yin Yoga at 7pm	Sub-Malisa
7/11	Sunday	Yin Yoga at 5:30pm	Sub-Maggie
7/18	Sunday	Yin Yoga at 5:30pm	Sub-Maggie
7/25	Sunday	Vinyasa Yoga at 9am	Sub-Jen
7/26	Monday	Beginning Yoga at 4pm	Sub-Ellen
7/28	Wednesday	Yin/Yang Yoga at 9am	Sub-Katie
7/28	Wednesday	Beginning Yoga at 4pm	Sub-Ellen

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